

NOVEMBER 2021 Be grateful for teen milestones

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 <u>First romantic interest</u>	2 <u>Arguing thoughtfully</u>	3 <u>Making a well-thought-out decision</u>	4 <u>Contributing to community</u>	5 <u>Learning to drive</u>	6 <u>Graduating from school</u>
7 <u>Self-advocacy</u>	8 <u>Choosing friends over parents</u>	9 <u>Thinking deeply about possibilities</u>	10 <u>Following through on a goal</u>	11 <u>Defining friend groups</u>	12 <u>Learning from a mistake</u>	13 <u>Accepting consequences</u>
14 <u>Showing empathy</u>	15 <u>Showing compassion</u>	16 <u>Analyzing feelings</u>	17 <u>Seeing parents as people</u>	18 <u>Seeking role models</u>	19 <u>Setting life goals</u>	20 <u>Bouncing back from failure</u>
21 <u>Exerting independence</u>	22 <u>Not giving in to peer pressure</u>	23 <u>Setting boundaries in relationships</u>	24 <u>Looking to friends for advice</u>	25 <u>Expressing gratitude</u>	26 <u>Setting work habits</u>	27 <u>Getting a job or internship</u>
28 <u>Asking for privacy to think</u>	29 <u>Delaying an immediate want</u>	30 <u>Communicating emotions</u>	1	2	3	4



Discover a new teen milestone each day of the month.