

Parent and Teen Discipline Contract

Responsibility Contract

This contract is a binding agreement between:

Jill Smith and _____

1. I want a curfew of 10 pm on weeknights and 11:30 on weekends.

2. I want to be able to drive the car when mom doesn't need it.

Agreed by:

signature

signature

signature

STEP 1: Teen writes down privileges they wish to receive

STEP 2: Parent(s) add what they need to be sure the teen will be safe and responsible

Responsibility Contract

This contract is a binding agreement between:

Jill Smith and _____

and John and Suzanne Smith

1. I want a curfew of 10 pm on weeknights and 11:30 on weekends.

- we need to know where you are, who you're with and what you're doing
- we need you to call us after dark so we know exactly where you'll be
- you can't go to any parties where there is no adult supervision
- if you are going to stay out late for any reason, then:
 - you have to call home
 - all of your homework has to be done before you go out
 - you still have to get enough sleep and wake up in time for school

2. I want to be able to drive the car when mom doesn't need it.

- we need you to sign a "Contract for Life" that says if you're ever in trouble you will call us
- you can't drive any friends for the first 6-12 months
- you must ALWAYS wear seatbelts
- you will check to be sure you have enough gas and that the tires have enough pressure before every trip
- you will never use a cell phone or text while driving
- no nighttime driving for the first 6 months

Agreed by:

Jill Smith
signature

6/16/11
date

John Smith
signature

6/16/11
date

Suzanne Smith
signature

6/16/11
date



CENTER FOR PARENT & TEEN
COMMUNICATION